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group exercise certification and list is a guide to workshops in the APEX area, please access AFAA's certification and workshop

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Early registration Completed study guide and Personal Fitness Trainer Online Successful completion of AFAA's Primary Group Exercise

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A review of AFAA's Basic Exercise Practical application of group exercise; Study Guide overview; Question and answer sessions; Who is it for? For group exercise

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group exercise certification and other This meets IHRSA's 2005 recommendation on accreditation for fitness certification organizations. AFAA is proud to

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